

Supporting Employee Well-Being in Schools: Strategies to Strengthen the Workforce

Presented in collaboration with Marathon Health

Thursday, April 16, 2026 | 11:00 a.m. to 12:00 p.m. EST



About Us



501(c)(3)
Organization



Subsidiary of the
Indiana Chamber of
Commerce



Workplace and
Community Well-
Being



Member
Organization



Today's Session

Today's Panel



Jenny Sanders
School City of Mishawaka



Kisha Berland
Marathon Health



Shellie Hicks
The Culver Educational Foundation

Investing in innovative solutions for educators



Education is different – a tailored solution is essential



What we hear

- Public accountability, fixed budgets, and complex governance
- Educators are stretched supporting not just students, but entire communities
- Care access rarely aligns with school schedules

What we know works

- Convenient and relationship-based care
- Access to care that reflects school days/calendar
- Tailored services to address district needs and priorities
 - Occupational health (e.g., DOT physicals)
 - Mental health
 - Chronic condition management

How we partner

- Operate within governance and budget realities
- Engage school board, executive leadership groups, union and/or labor groups
- Train care teams to value education environment and deliver care with a service mindset
- Create a patient experience that drives trust and comfort



Steps to evaluate

- Establish your school's goals & needs
- Consult with your benefit consultant
- Determine access near your members
- Conduct ROI analysis

“Never before were we able to address staff needs in a manner that so clearly communicated that we care not only about the work our staff does, but who they are as individuals. Better health not only impacts our staff while they are on campus, but it is having an equally significant impact on the life they live at home.”

—Associate Superintendent of Human Resources

We should be spending 2x the investment on primary care

Q&A

Additional questions: info@wellnessindiana.org

CONSULTATIONS

The Wellness Council of Indiana equips businesses with tailored tools to achieve their health and well-being goals.

Our 90-minute, one-on-one consultation services offer expert guidance on common workplace well-being challenges:

- Obesity management
- Mental health
- Maternal health
- Tobacco cessation
- Diabetes prevention



Upcoming Opportunities

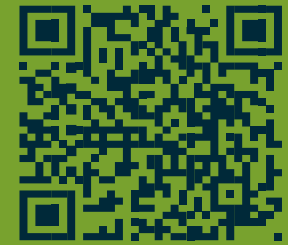


MEMBERSHIP

The Wellness Council empowers employers and communities to create thriving places to live, work, learn and play through:

- Connection
- Collaboration
- Education
- Evaluation

Learn more: contact Tim Brewer at tbrewer@indianachamber.com.



Thank you!