



2026 Women's Health at Work Forum

Empowering Employers to Drive Change

Date: Thursday, May 14, 2026, | 9 a.m. to 3:30 p.m. EST

Location: Forum Events Center | 11313 USA Pkwy, Fishers, IN 46037

Registration and Networking Breakfast

Welcome and Opening Remarks

Vanessa Sinderson, President and CEO, Indiana Chamber of Commerce

Lindy Thackston, Anchor, FOX59 and Event Emcee

Fireside Chat: State of Women's Health in Indiana

Lindsay Weaver, MD FACEP State Health Commissioner and Vanessa Sinderson

Panel: Redesigning Parental Leave and Lactation Support

Moderator: Abby Glazier, Program Manager, Wellness Council of Indiana

- *Rachel Otwinowski, Director, Benefits and Well-Being, Human Resources, University of Notre Dame*
- *Jenny Sanders, Benefits and Wellness Coordinator, School City of Mishawaka*
- *Jaime Willis, Senior Benefits and Wellness Manager, Pacers Sports & Entertainment*

Break

Panel: Childcare as a Workforce Strategy

Moderator: Camille Blunt, Vice President, Government Affairs, Indiana Chamber of Commerce

- *Jennifer Gilland, Executive Director, Mitchell Early Childhood and Family Center*
- *Kristin Ruble, Well-Being Manager, Parkview Health*
- *Allie Sutherland, Executive Director, Northeast Indiana Early Childhood Coalition*

Panel: Women's Mental Health: Addressing the Invisible Load

Moderator, Olivia Lockard, Director, Programs and Training, Wellness Council of Indiana

- *Christina DeWitt, Population Health Clinical Manager, Hancock Health*
- *Susan Van Hoosen, Wellness Program Manager, LHD Benefits*
- *Dr. Leah Morton, Licensed Clinical Psychologist, Board of Directors, Postpartum Support International*

Networking Lunch

Caregiving and Careers: Supporting the Dual Role

Tamara Winfrey Harris, President, The Women's Foundation of Indiana

Menopause at Work: The Overlooked Workforce Health Risk

Claire Gill, Founder, National Menopause Foundation and CEO, Bone Health & Osteoporosis Foundation

Call to Action and Closing Remarks

Ashley O'Rourke, Executive Director, Wellness Council of Indiana