



2026 Women's Health at Work Forum

Empowering Employers to Drive Change

Date: Thursday, May 14, 2026, | 9:00 a.m. to 3:30 p.m. EST

Location: Forum Events Center | 11313 USA Pkwy, Fishers, IN 46037

Registration & Networking Breakfast

Welcome & Opening Remarks

Vanessa Sindors, President & CEO, Indiana Chamber of Commerce

Fireside Chat: State of Women's Health in Indiana

Lindsay Weaver, MD FACEP State Health Commissioner & Vanessa Sindors, President & CEO, Indiana Chamber of Commerce

Panel: Redesigning Parental Leave and Lactation Support

Moderator: Abby Glazier, Program Manager, Wellness Council of Indiana

- *Rachel Otwinowski, Director, Benefits & Well-Being, Human Resources, University of Notre Dame*
- *Jaime Willis, Senior Benefits and Wellness Manager, Pacers Sports & Entertainment*
- *Jenny Sanders, Benefits & Wellness Coordinator, School City of Mishawaka*

Break

Panel: Childcare as a Workforce Strategy

Moderator: Todd Hurst, Senior VP, Strategic Partnerships & Impact, Indiana Chamber of Commerce

- *Allie Sutherland, Executive Director, Northeast Indiana Early Childhood Coalition*
- *Rhonda Wilson, Executive Director of Engagement, Wellbeing, & Culture, Ball State University*

Panel: Women's Mental Health: Addressing the Invisible Load

Moderator, Olivia Lockard, Director, Programs & Training, Wellness Council of Indiana

- *Dr. Leah Morton, Licensed Clinical Psychologist, Board of Directors, Postpartum Support International*

Networking Lunch

Caregiving and Careers: Supporting the Dual Role

Tamara Winfrey Harris, President, The Women's Fund of Central Indiana

Menopause at Work: The Overlooked Workforce Health Risk

Claire Gill, Founder, National Menopause Foundation & CEO, Bone Health & Osteoporosis Foundation

Call to Action & Closing Remarks

Ashley O'Rourke, Executive Director, Wellness Council of Indiana