

HIGH ACHIEVERS

ACHIEVEWELL SUCCESS STORIES // 5 STAR // 2018



Riverview Health

ABOUT

Riverview Health is a comprehensive healthcare network comprised of a full-service, 156-bed hospital located in Noblesville, Indiana, a newly opened hospital in Westfield, Indiana and 25 primary, immediate and specialty care facilities located in Hamilton County.

HIGHLIGHTS

- Employee well-being incorporated into organization's strategic plans and core values
- Top leadership and middle management support
- Thriving social well-being among employees

A CLOSER LOOK

- Offers companies onsite health center/employee clinics
- Monthly wellness programming around social, mental, physical, community, career, purpose and financial well-being
- Annual health screenings and mammogram events
- Onsite wellness coaching with certified health and wellness coach
- Onsite nutrition counseling with registered dietitian
- Critical Incident Stress Management (CISM) team
- Employee Assistance Program
- Pete the Planner online financial well-being program
- Walking paths at each location
- Tobacco cessation program and coaching
- Community service days with blood drives
- TrueU leadership development and career well-being portal for employees and families
- Free gym memberships for employees and families at each fitness center

OVERVIEW

COMPANY

Riverview Health

ACHIEVEWELL RANK

5 Star, designated in 2017

HEADQUARTERED

Nobelsville, Indiana

NUMBER OF LOCATIONS

Two hospitals, 10+ physician practices and rehab locations

GEOGRAPHY

Central Indiana

INDUSTRY

Healthcare

EMPLOYEE COUNT

1,500+



"TAKE IT FROM ME"

“ Our mission is to holistically support employees’ readiness to improve and maintain a high-level of health and well-being. We envision employees who understand the importance of caring for themselves and feeling confident in their ability to achieve their full professional and personal potential. ”

PAY IT FORWARD

What’s some advice you’d give to someone who works in health and wellness?

Conducting a needs and interest survey for your employees can be very beneficial -- and it's important to be transparent about the survey results. The books *Switch* by Chip and Dan Heath, *Wellbeing* by Tom Rath and *Nudge* by Cass Sunstein and Richard Thaler are all great resources to learn more about well-being.

WELLNESS IN ACTION



LESSONS LEARNED

What is something you've learned throughout your corporate wellness journey?

Wellness should not be siloed within the organization, but integrated in departments across the company. From our experience, incentives work for short-term participation, but not necessarily overall engagement.



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