



**Quarterly Meeting Location:
Friday, February 8, 2019
10:00 a.m. – 1:00 p.m.**

Anthem Ben Lytle Building
220 Virginia Avenue
Indianapolis, Indiana 46204
Conference Room A

Mission: The mission is to collaboratively provide education to assist employers and employees in making healthy decisions and advancing wellness of their prospective organizations and the community.

10:00 – 10:10 a.m.	Welcome	Jason Scherzinger
10:10 – 10:40 a.m.	<p>Working towards an Integrated Worksite and Wellness Model</p> <ul style="list-style-type: none"> – Learn how an employer follows a coordinated approach to improve employee health and curb rising health care costs – Follow a “total well-being” approach: Meet an individual’s physical, behavioral, acute, and chronic care needs 	<p>Candace Shaffer, M.S., CWPM Director, Benefits Purdue University Human Resources</p>
10:40 – 11:30 a.m.	<p>Understanding Obesity and the Workforce: A complex chronic disease</p> <ul style="list-style-type: none"> – Understanding the cost of obesity in the workforce – Improving patient care through treating obesity as a disease 	<p>Anthony M. Auriemma MD, JD Medical Director, AMITA Weight Loss Solutions & The Center for Health and Nutrition</p>
11:30 – 12:00 p.m.	Lunch Break and Networking	Sponsored by Anthem
12:00 – 12:50 p.m.	<p>Finding what works for weight in the workplace: existing data and future directions</p> <ul style="list-style-type: none"> – Identify effective, ineffective, and uncertain strategies – Discuss barriers and future directions for evaluating weight change in workplace programs 	<p>Andrew Brown, Ph.D. Assistant Professor, IU School of Public Health</p>
12:50 – 1:00 p.m.	Discussion & Next Steps	Group

2019 Quarterly IWWP Meeting Dates:

- Friday, April 12
- Friday, July 12
- Friday, October 11