



ACHIEVEWELL SUCCESS STORIES // 5 STAR // 2018

# HIGH ACHIEVERS



## ABOUT

Hancock Regional Health is an Indiana-based, full-service healthcare network serving Hancock County and the surrounding area. We provide healing, improve health and wellness, alleviate suffering, and deliver acts of kindness one person at a time in our community. Our health system includes Hancock Regional Hospital, Hancock Physician Network and more than 20 other facilities related to improving the health and wellness of our community—including two Medical Fitness Association-certified wellness centers, women's health clinics, family and internal medicine practices, home medical equipment services, and the Sue Ann Wortman Cancer Center. Our goal at Hancock Health is simple: To give every person the personalized attention necessary for a happy, healthy life.

## A CLOSER LOOK

- Top leadership emphasizes Hancock Health (HH) associate and community health and well-being a business model priority
- 100% of associates receive seasonal, free-of-charge influenza vaccinations
- 70% of associates participate in annual biometrics screenings
- FREE healthy entrée for associates every Thursday provided by HH cafeteria
- High success rates for internal Weight Watchers program
- #HealthPossible program offers community self-ordered lab and other diagnostic procedures at a lower cost
- 50% of employees actively engaged in the corporate walking reward program offered through *Healthy U*, the corporate wellness program
- All associates receive wellness screenings at no cost including physicals, mammograms and colonoscopies
- *Healthy U* covers the entry fee for associates for race events such as 5K, mini-marathons and cycling events

## OVERVIEW

### COMPANY

Hancock Regional Health

### ACHIEVEWELL RANK

5 Star

### HEADQUARTERED

Greenfield, Indiana

### NUMBER OF LOCATIONS

Four - including main hospital and offices in three surrounding cities

### GEOGRAPHY

Central Indiana

### INDUSTRY

Healthcare

### EMPLOYEE COUNT

1,300



## "TAKE IT FROM ME"

“ Our associates are what make Hancock Health successful! Being able to help with education classes, discounted gym memberships, discounted clinical programs to make lifestyle changes easier, community outreach programs with paid time off to participate and team building events.

- Stephanie Swann, Wellness Coordinator ”

## PAY IT FORWARD

**What's some advice you'd give to someone who works in health and wellness?**

There is no perfect "mold" for wellness. Ask your employees what they would like to see and utilize your data and needs for your programming. Wellness is not one size fits all and a healthy organization is not something that can be achieved overnight. Slow and steady wins the race!

## INNOVATION

**What is the most innovative health and well-being feature of your efforts at your workplace?**

Hancock Health is starting its second year with *Healthy365*, our community wellness program, to tackle health and well-being across the community. We also developed a program called *BE Healthy* and it is a population health program that tackles chronic disease within our organization.

## WELLNESS IN ACTION



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