

HIGH ACHIEVERS



ABOUT

We are a global company that support clinical trials sponsored by pharmaceutical companies. Our Indianapolis-based office features central laboratory services for clinical trials performed in North and South America.

HIGHLIGHTS

- Strong leadership support at executive level
- Employee resource groups supporting diversity
- Strong communication via email and site forums

A CLOSER LOOK

- Annual participation in Indiana Sports Corporation Corporate Challenge
- Weekly on-site yoga classes
- Treadmill workstations with laptop docks
- On-site MarketWagon.com deliveries
- Employee Resource Groups (Health & Wellness, Veterans, Weight Watchers, Toastmasters, Women's leadership, African American Network, Pride Network, Peers Encouraging Peers)
- On-site cafeteria focused on healthy nutrition
- On-site flu shot, mammogram screenings, and blood drives
- Financial incentives for wellness (annual wellness screenings, insurance, corporate discounts)
- Walking paths

OVERVIEW

COMPANY

Covance

ACHIEVEWELL RANK

5 Star, designated in 2018

HEADQUARTERED

Burlington, North Carolina

NUMBER OF LOCATIONS

84

GEOGRAPHY

International

INDUSTRY

Healthcare

EMPLOYEE COUNT

20,000 global, 3,000 in Indiana



"TAKE IT FROM ME"

“ A couple of the Wellness Programs Covance offers have supported my wellness goals as an employee. I participate weekly in the on-site Yoga program, over my lunch hour on Tuesdays, and I have found that it has improved my stress levels, and made me more conscious of my posture and breathing while I work. I've also participated in Indiana Sports Corp 5K walk/run with my boys (8 years old and 4 years old) and we enjoyed “training” for the event by taking walks around our neighborhood after work and school. I also utilize the Covance gym, using the walk station desks when I need to complete on-line training or emailing. I've been able to lose 40 pounds over the last year and I've improved my stamina when playing with my kids!

- Shawn, Covance employee ”

PAY IT FORWARD

What's some advice you'd give to someone who works in health and wellness?

Gain leadership engagement to promote wellness initiatives. To broaden the scope of your efforts, offer different things for different employees. Wellness should always be promoted as a benefit - never a punishment! It's great to regularly evolve the wellness team to bring in new energy and new ideas.

WELLNESS IN ACTION



INNOVATION

What is the most innovative health and well-being feature of your efforts at the workplace?

We offer our Indianapolis employees on-site delivery of local farmers' products through MarketWagon.com.



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