



Employers invited to join Indiana Workplace Wellness Partnership

The Indiana Workplace Wellness Partnership (IWWP) provides a quarterly forum for Indiana employers to share information and ideas on improving employee health and well being. Participating employers come from all parts of the state and constitute a broad spectrum of business sizes and types. Indiana state government and many of our colleges and universities are involved. Current membership represents more than 120,000 employees statewide.

Why should an employer join this effort?

When launching this effort in 2008, Robert Hillman, president of Anthem Blue Cross and Blue Shield in Indiana reflected on the need for employers to play a role in addressing the health of our workforce:

“In the years ahead, it’s estimated that half the U.S. population will suffer from a chronic disease. If we don’t work together to improve the health of our fellow Hoosiers, chronic diseases related to smoking, obesity and lack of physical activity will put further pressure on the cost of health care and have negative consequences for Indiana families and for the state’s business climate.”

Employees spend a significant portion of their day at work, so worksites have a positive impact on overall organizational health by focusing on workplace and community wellness strategies. The IWWP provides a welcoming environment to learn from the experiences of others and to share your own successes and ideas.

The IWWP is a great forum to understand what is working and what roadblocks are causing stagnation. Hear from CEO’s, experts and fellow practitioners about the issues facing wellness at work and potential opportunities. Whether you are just getting started or have developed a high-level wellness initiative at work, the IWWP is a great place to ask questions and offer your own solutions to making Indiana a healthier and more attractive state to locate and grow your business.

Please join us for an opportunity to learn best practices from other Indiana Companies.

IWWP meetings are free to attend and include a healthy lunch. Meeting dates for 2015:

Friday, February 13—Anthem Lytle Center, 220 Virginia Ave, Indianapolis
Friday, April 10—Anthem Lytle Center
Friday, July 10—Anthem Lytle Center
Friday, October 9—Anthem Lytle Center

If you are interested in learning more, attending an upcoming IWWP meeting or delegating a member of your organization, please contact Jason Scherzinger at jason.scherzinger@anthem.com 513-516-7199, Chuck Gillespie at chuck@wellnessindiana.org 317-264-2168, or Chelsy Winters at cwinters@indymca.org 317- 713-8519